



TOWN OF MANLIUS RECREATION



2025 ADDITIONAL SUMMER PROGRAMS

Since releasing the Spring/Summer Brochure the following Programs have been added.

F-M BOYS AND GIRLS GOLF CLINIC



Green Lakes Golf Course
Mondays & Tuesdays, June 30th - July 15th
6:00 - 7:00 PM
Mike DeBlois F-M Boys Varsity Golf
Coach will direct this clinic. We will work on the fundamentals of golf including grip, set up, and swing. We will work on short game including chipping and putting. We will also have fun contests.
Please bring your own clubs, but we will have clubs to use at no charge if needed.
FEE: \$125.00 per golfer
Max 40 participants

F-M FOOTBALL CAMP



F-M Turf Field
Tuesday - Friday; July 29th - August 1st
5:30 - 8:00 PM
For all students entering grades 7th - 12th. Participants will receive personalized coaching to enhance their abilities in key areas such as passing, catching, blocking, tackling, and more. Position-specific training will help you excel in your role on the field. Each camper will learn fundamentals and techniques of their chosen position group along with instruction of offensive and defensive schemes to be used in the fall. Special emphasis will be placed on improving campers' skills, knowledge, and confidence in a supportive and encouraging environment. Campers will be instructed by FM football staff at all levels under the direction of Jim Fiacco, F-M Head Varsity Football Coach. Special emphasis will be placed on physical activity while learning the basics of football in a non-contact setting; bags and shields may be used. Each camper will receive a camp t-shirt. Participants must bring workout clothing, cleats and a water bottle to camp each day.
FEE: \$75.00 per participant prior to July 1st \$85.00 after 7/1 (fee includes camp t-shirt)

F-M FOOTBALL PLAYER DEVELOPMENT PROGRAM

Join us Monday, Wednesday, and Thursday evenings over the summer for the F-M Football Player Development Program designed to provide personalized attention to address individual strengths and areas for improvement, build strength, and enhance your performance on the field.
Open to all players entering grades 7-12, our comprehensive program focuses on strength building, conditioning, and player development, ensuring you're in peak form for the upcoming season. Features include:
1. Strength Training: Tailored workouts targeting muscle groups crucial for football success, emphasizing power, agility, and endurance.
2. Conditioning Workouts: High-intensity cardio sessions to enhance stamina, speed, and agility preparing you to outlast opponents.
3. Skill Development: Position-specific drills led by the football staff to improve ability, refine technique, and increase schematic understanding and football IQ.
4. Injury Prevention and Recovery Strategies: Techniques to promote muscle recovery and target football-specific muscle groups and stress areas to strengthen and prevent injury.
FEE: \$140.00 per participant
Schedule:
Mondays: July 7, 14, 21, 28, August 4 & 11
Strength Training Only: 4:00 - 5:15 PM
F-M High School Weight Room
Wednesdays: July 9, 16, 23, August 6 & 13
Strength Training and Practice: 3:30 - 6 PM
F-M High School Weight Room & Hornet Stadium
Thursdays: July 10, 17, 24, August 7 & 14
Strength Training and Practice: 3:30 - 6 PM
F-M High School Weight Room and Hornet Stadium. Check RecDesk for equipment.

F-M GIRLS BASKETBALL CAMPS



Tipp Hill Community Center
(Old Hamilton Street Boys & Girls Club)
201 Hamilton Street, Syracuse, NY 13204
12:30 - 3:30 PM
Session I: Monday -Thursday; July 7th - 10th
Session II: Monday-Thursday; July 28th -31st
Girls entering grades 3rd - 8th in fall of 2025
Join F-M Varsity Basketball Coach Anthony Bielak and experienced staff for 4 days of skills and drills, plus games, contests, guest speakers and FUN!
FEE: \$150.00 per participant
Please contact coach Anthony Bielak with any questions at bielakfm1@gmail.com

F-M GIRLS HORNET VOLLEYBALL CAMPS



Eagle Hill Middle School Gym
Monday - Thursday, June 23rd - 26th
Session I - 4:00 - 6:00 PM for students currently in 6th or 7th grade, planning on trying out for modified team next school year.
Session II - 6:00 - 8:15 PM for students currently in 7th - 9th grade, planning on trying out for a JV team next school year.
Camp will focus on improving individual fundamental volleyball skills and will incorporate team strategies for offense and defense through daily game play. Camp led by F-M JV girls coach Kory McMahon. Space is limited, please register early.
FEE: \$100.00 per athlete, t-shirt included.

SUMMER LITERACY CAMPS

Immaculate Conception Elementary School
400 Salt Springs Street, Fayetteville
Monday - Friday; 9:00 - 11:00 AM
Week 1 - July 7th - Ocean Theme
Week 2 - July 14th - Fairy Tales, Folk Tales, Tall Tales Theme
Week 3 - July 21st - Carnival Theme
For students entering Grades 1st - 3rd in Fall
*Campers are immersed in fun, engaging literacy activities to help prevent summer slide! **"Science of Reading" based approach for activities & lessons
*Instructors are all practicing literacy specialists & elementary teachers with decades of experience *10:1 student to teacher ratio
FEE: \$200.00 per week Questions? E-mail brightmindslearning315@gmail.com



SUMMER KIDS BOOK CLUB

Minoa Elementary School



Session I - August 11th and 14th Session II - August 18th and 21st
1st Grade - 8-9 AM; 2nd Grade - 9-10 AM; 3rd Grade - 10-11 AM



Led by Julie Aloï and Lauren Orlandella. Calling all young adventurers, curious minds, and readers! Join us for an exciting reading journey where we will dive into engaging book discussions and create fun book projects. Get ready to share your thoughts, ideas and creativity with friends. Let's turn the pages together and make reading even more fun!
FEE: \$80.00 per session

Go to <https://manliustown.recdesk.com> to see the full brochure and register for all Town of Manlius programs.

The Fayetteville-Manlius School District does not endorse and is not responsible for any business, services or event advertised in this flyer.